

WDC Unique
Program Part 3

SOUND HEALING THERAPY



Emotional well being
through guided practice

*Pause
Breathe
Heal*



CALM
YOUR MIND



BALANCE
YOUR EMOTIONS



RECONNECT
WITH YOURSELF

A HEALTHIER MIND
A HAPPIER YOU

Trainer



NAYANA G NAIR



DATE

09/09/2026
(WEDNESDAY)



TIME

6.30 - 8.30 PM



VENUE

ME SQUARE,
PATHADIPALAM



*Let
Healing
Vibrate
Within*

PRESIDENT : DR. MEERA GOPALAKRISHNAN
HON. SECRETARY : DR. VIVEK NARAYAN
HON. TREASURER : DR. SUBRAMANIAM R

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