

# HRIDYAM 2026

International day of action  
for women's health

Speaker



**Dr Rebeca Mathew**  
*MDS Periodontics*

30/05/2026  
Saturday

SNV Sanskrit UP school  
Eroor South

4.30-6.30pm

An awareness initiative in association with CDH  
highlighting the connection between oral health  
and cardiovascular health in women for

**Kudumbasree Illikkapadi ADS**

**President:**  
Dr.Meera Gopalakrishnan

**Hon. Secretary:**  
Dr.Vivek Narayan

**Hon.Treasurer:**  
Dr.Subramaniam R

**WDC Representatives:**  
Dr.Parvathy T.Ajai  
Dr.Lakshmipriya J