



INDIAN DENTAL ASSOCIATION KOCHI BRANCH

SMILES
FOR
ALL

OBSERVING

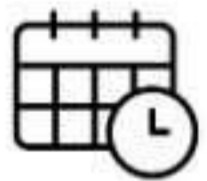
Mother's Day

THE MENOPAUSE

CONVERSATIONS



MARINA ONE
Queens walk Way,
Kochi



19/05/24
SUNDAY
5-8 PM

An interactive session to create awareness and foster conversations about perimenopause and menopause..

With
Anupama Gopal
Nutritionist, Lifestyle,
Fitness & Menopause coach



SUPPORTED BY

MARINA ONE

Elite Residences at Marine Drive, Kochi

Jointly developed by **PURAVANKARA & SOBHA**

OPEN FOR ALL IDA KOCHI MEMBERS

Dr Vinod Thamby
President

Dr Brijitha Manoj
Hon Secretary

Dr Binila S Babu
Hon Treasurer

Dr Zeritta Stanley
Dr Jefna Paulson
WDC Representatives