

WORLD
MENTAL
HEALTH
DAY



Dr. Mathew Varghese K
President



Dr. Nevin Thomas
Hon. Secretary



Dr. Binila S Babu
WDC Chairperson
Ph: 94465 80163



Dr. Shabna Nidhi
WDC Chairperson
Ph: 94463 28939



Dr. Brijitha Manoj
CDE Chairperson



INDIAN DENTAL ASSOCIATION KOCHI BRANCH



Topic :
"Healthy Mind
for a
Healthy Life"



OCTOBER
10th SUNDAY
4.30-5.30 PM
ZOOM



Dr. Mary Anitha
Clinical psychologist
CEO, Centre for Empowerment &
Enrichment (CEFEE)
Social Activist

